### **Social Skills for Life Success**

# Accept No

- 1. Look at the person
- 2. Listen without arguing

## 3. Move On

#### Reasons to Accept No

- You will save time
- You will earn respect
- You are more likely to get a "yes" in the future

#### People who might tell you "No": Teachers Parents Coaches Other Students ANYONE!

### Respond, don't REACT!

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