

BLASTO CRASHES the

Art Car PARADE

Written by Paul Gilford

Illustrated by Bill Megenhardt



Parent & Educator Guide

This supplementary guide is designed to help teach children how to Pay Attention and Follow Instructions. Through activities and discussion, children will learn the steps to each social skill, the reasons for using the social skill, and helpful ways to put these skills into daily use.

A Note to Parents and Educators

Teaching your child(ren) how to Pay Attention and Follow Instructions develops critical skills that determine their success at home, in school, and in the community. These core-foundation social skills help children learn, achieve and get along better with others.

This workbook is designed to offer children “hands on” activities focused on how to Pay Attention and Follow Instructions. It is assumed that parents and educators will adapt each activity to fit the needs and abilities of their children. The activities focus on observable behaviors that can be encouraged and supported. In addition, the exercises are designed to help children and adults become more aware of the obstacles and distractions that interfere with these skills. Paying Attention and Following Instructions are an integral and important part of everyday life.

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Brief Synopsis

Blasto Crashes the Art Car Parade is written to help children learn How to Pay Attention and Follow Instructions. Each of these skills is comprised of three simple behaviors. The steps to PAY ATTENTION are: STOP what you are doing; LOOK at the person talking; LISTEN. The steps to FOLLOW INSTRUCTIONS are: LOOK at the person talking; NOD YOUR HEAD or SAY OKAY; DO IT RIGHT AWAY. Maddie and Michael (twins) and their dog Blasto learn how to Pay Attention and Follow Instructions through a series of successes and failures with consequences. These and other core-foundation social skills help children get along better with others, better focus their attention, learn more, save time, avoid trouble and experience success in school, at home and in the community.

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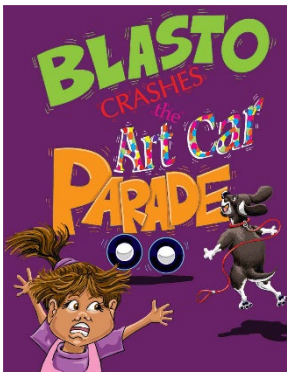
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Tips for Reading

Blasto Crashes the Art Car Parade

Asking children questions while reading helps children clarify their understanding and encourages them to make connections to self, others and the world. Please use the following questions to support their engagement and learning the importance of Paying Attention and Following Instructions.

Before Reading:

Show your child(ren) the book cover and ask, "What do you think might happen at the Art Car Parade if Blasto and Maddie do not Pay Attention and Follow Instructions?"

At school and at home, "Who asks you to Pay Attention and who asks you to Follow Instructions? Can you tell me a time when someone asks you to Pay Attention or Follow Instructions? Can you think of other children and adults who need to Pay Attention and Follow Instructions?"

During Reading:

P. 6: "What instructions do you think Blasto is not following?"

PP. 11-12: "What happens when Blasto does not Pay Attention and Follow Instructions? What are the instructions that Maddie and Michael do not follow?"

P. 15: "Can you repeat the instructions Dad gives to Maddie and Michael?"

PP. 21-22: "What are Dad's reasons for Maddie and Michael to Pay Attention and Follow Instructions?"

P. 28: "Because Maddie Pays Attention and Follows Instructions, what happens as a result?"

After Reading:

"What are some problems or negative things that happen when Maddie, Michael and Blasto do not Pay Attention and Follow Instructions?"

"What are some positive things that happen when Maddie, Michael and Blasto Pay Attention and Follow Instructions?"

"What about for you? What are some problems or negative things that happen when you do not Pay Attention and Follow Instructions?"

"What are some positive things that happen when you Pay Attention and Follow Instructions?"

Role Play How to Pay Attention and How to Follow Instructions

Example: Have children pretend to read a book or talk to a friend. When you say: "I need you to Pay Attention." The children need to Stop what they are doing, Look, and Listen.

Give simple and fun instructions to the children. You are teaching and expecting the children to: Look, Nod their Heads or Say OK, and Do it Right Away. "Everyone put your hands on your head." Everyone stand up, turn around, and sit down."

Follow Instructions for Great Works of Art



Give each student a copy of the Great Works of Art worksheet

Instructions:

- In rectangle #1 write the first letter in your name.
- In rectangle #2 draw one eye.
- In rectangle #3 draw a happy face.
- In rectangle #4 draw a dog.
- In rectangle #5 write the first letter in the words Follow Instructions.
- In rectangle #6 draw a car.
- In rectangle #7 write the word "look."
- In rectangle #8 draw bird.
- In rectangle #9 draw a picture of yourself Following Instructions.





Great Works of Art

1.	2.	3.
4.	5.	6.
7.	8.	9.

Name_____



Name: _____

When Maddie and Michael Pay Attention and Follow Instructions at school,
they get to take Blasto for a walk. Draw yourself at school or home when you
Pay Attention and Follow Instructions.

A large, empty rectangular box with a black border, intended for a student to draw themselves at school or home while paying attention and following instructions.

When I Pay Attention and Follow Instructions, sometimes I get to

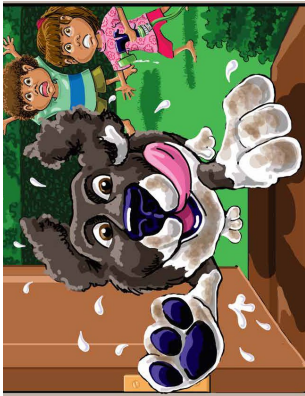
Three horizontal lines for handwriting practice: a solid top line, a dashed middle line, and a solid bottom line.



Name: _____

You are the author of Blasto Crashes the Art Car Parade

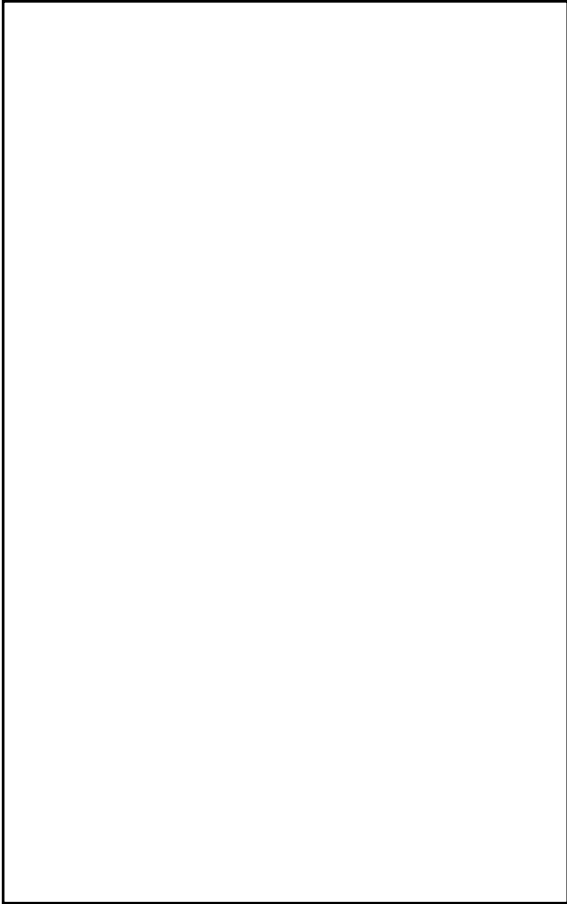

Our author needs your help! We need to add two more scenes for our book. Blasto does not Pay Attention or Follow Instructions when getting a bath and when he is at the art car parade. Create two more scenes or situations where Blasto does not remember to Pay Attention or Follow Instructions.



Name: _____

Making Choices

Draw or write about two situations when you need to Pay Attention and Follow Instructions. Then write or draw what happens if you use your social skills and what happens if you do NOT use your social skills.

	Pay Attention & Follow Instructions
	Do NOT Pay Attention & Follow Instructions
	Pay Attention & Follow Instructions
	Do NOT Pay Attention & Follow Instructions

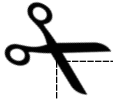
Sequence the Story



Follow these Instructions:

Cut out the events from *Blasto Crashes the Art Car Parade*.

If you Pay Attention you will be able to put the events in order from beginning to end.



Blasto goes berserk barking when he sees a dog driving a motorcycle in the art car parade.

Maddie and Michael learn the steps to Paying Attention and Following Instructions from the Social Skills lady at school.

Dad gives Maddie, Michael, and Blasto instructions before they attend the art car parade.

Maddie earns 15 minutes of computer time for Following Instructions and finishing her math assignment right away.

Blasto jerks his leash out of Maddie's hand and runs into the parade, causing the whole parade to stop.

Maddie and Michael Follow Instructions and keep safe during the fire drill.

Blasto does not Follow Instructions and runs into the house all wet.

Police come and get Maddie, Michael, Blasto and their Dad off the street.

Mom puts Maddie and Michael's good conduct notes on the refrigerator.

Michael's Ice Cream Cone

Read or have child(ren) read the instructions to color Michael's ice cream cone the correct colors.

Color the first scoop blue.

Color the seventh scoop yellow.

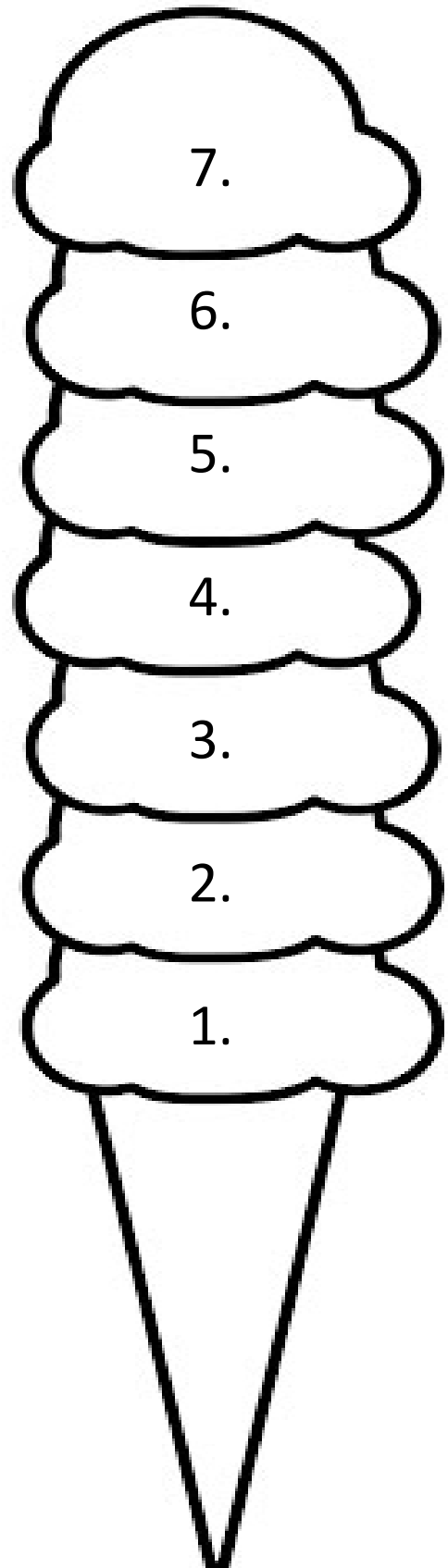
Color the second scoop green

Color the fourth scoop purple.

Color the third scoop orange.

Color the fifth scoop brown.

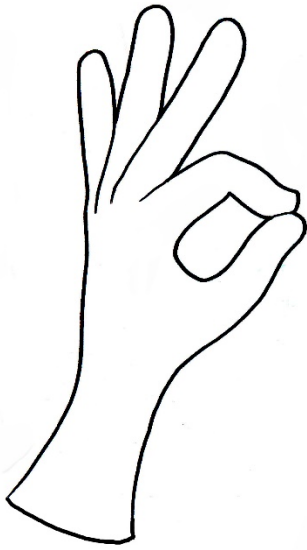
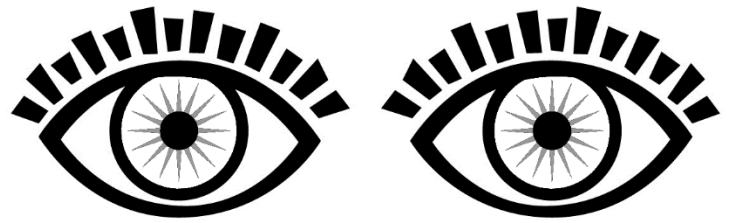
Color the sixth scoop red.



Give Instructions for the child(ren) to use specific colors. An example would be "color the boy's shirt red."

Follow Instructions

Look



Nod your head
or say "Okay"

Do it
right away



Name: _____

Name: _____

Help Blasto Pay Attention & Follow Instructions

Draw a picture showing what would happen if Blasto uses his social skills.



Blasto digs up the flowers in the yard.



Blasto runs in the house all wet and muddy.

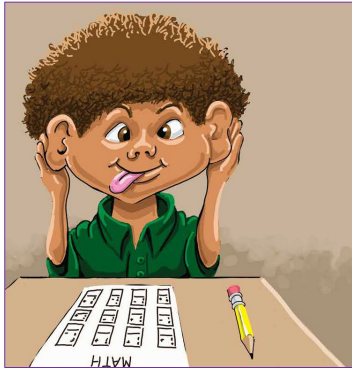


Blasto runs into the street at the parade.



Reasons Why We Pay Attention & Following Instructions

Reasons help us understand why it is important to do something. Give one or more reasons why the characters should Pay Attention and Follow Instructions in the following situations.



The teacher gives a math assignment.



The fire alarm rings and the instructions are to walk quickly and quietly outside.



Dad tells Maddie, Michael and Blasto to stay together at the parade.



Mom and Dad say to close the back door when giving Blasto a bath.



Instructions for Maddie, Michael and Blasto Puzzle Assembly

Print and cut out the puzzle. Distribute the pieces evenly between the children. You will describe a piece to the children. The child who has the piece you described must raise his or her hand. If the child correctly Pays Attention, give the child the Instruction to place the puzzle piece in the puzzle.

Examples of puzzle piece descriptions:

1. Who has the puzzle piece with Blasto's eyes?
2. Who has the puzzle piece with Maddie's ponytail?
3. Who has the puzzle piece with Michael's red shoe?
4. Who has the puzzle piece with the bottom of Maddie's pink shorts?
5. Who has the puzzle piece with part of Michael's shoe and part of Blasto's paw?
6. Who has the puzzle piece with one of Maddie's ears and one of Michael's ears?
7. Who has the puzzle piece with Michael's nose?
8. Who has the puzzle piece with a heart?
9. Who has the puzzle piece with the bottom of Maddie's shoe?
10. Who has the puzzle piece with two of Blasto's paws?
11. Who has the puzzle piece with Michael's shirt?
12. Who has the puzzle piece with part of Michael's shoe and part of Blasto's paw?

Instructions for Paying Attention Poster Puzzle Assembly

Use similar instructions for the Pay Attention Poster puzzle. Create your own questions to describe the pieces of the puzzle.

Pay Attention

Poner Atención

1 STOP
WHAT YOU ARE DOING
Parar
lo que está haciendo



2 LOOK
Mirar

3 LISTEN
Escuchar



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Instructions for Follow Instructions Poster

Puzzle Assembly

Print and cut out the puzzle. Distribute the pieces evenly between the children. You will give an instruction to a child. If the child looks, nods their head or says OK, and does it right away, the child may put one of the puzzle pieces in the puzzle. Ask the other students to Pay Attention to the student Following Instructions so they can determine if the child followed all the steps. Some sample instructions could be:

(Silly)

1. Come and shake my hand.
2. Knock on the door 2 times.
3. Roar like a lion.
4. Give a friend a high 5.
5. Clap 3 times.
6. Turn around 1 time and stomp your foot 2 times.
7. Point to the clock in the room.
8. Give yourself a "pat on the back."
9. Jump up and down 3 times.
10. Growl like a bear.

(Classroom)

1. Write your name on your paper.
2. Line up at the door.
3. Go to the carpet.
4. Stand up and push in your chair.
5. Draw a circle on the back of your paper.
6. Count to 10.
7. Take out a book and read silently.
8. Sharpen your pencil.
9. Give your neighbor your pencil.
10. Put these papers on another desk.
11. Move your chair next to the teacher.
12. Walk to the window.



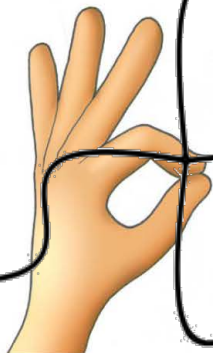
Follow Instructions

Seguir Instrucciones

1 LOOK
Mirar



2 NOD YOUR HEAD
Decir que si entiende



**3 DO IT
RIGHT AWAY**
Hacer inmediatamente



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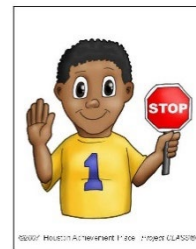
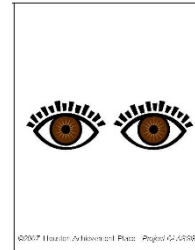
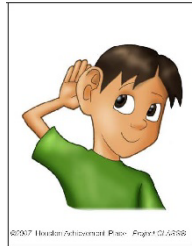
Card Activities

The following 5 activities use the cards and posters on pages 22-26.

Matching Cards to the Poster: PreK – 1

The object of this activity is for the child(ren) to Pay Attention and Follow Instructions by correctly matching the title and steps of a Social Skill to the poster.

Give the title and icon cards to one child and have the child match them to the poster by laying the card on top of the poster. Give each additional child the opportunity to match the title and icon cards.



Memory/Concentration (Matching): PreK – 5

The object of the activity is for the child(ren) to Pay Attention in order to learn where cards are so they can select cards that match. They must also Follow Instructions to complete a turn.

- You will need two copies of each of the cards, including the title. You should have 16 cards (2 Pay Attention titles, 2 Stop, 2 Look, 2 Listen; 2 Follow Instructions titles, 2 Look, 2 Nod/OK, 2 Right Away). Mix them up and place them face down on the table in four rows of four.
- To complete a turn, a child will turn over one card, say what the card is and then turn over a second card and say what the card is. If the cards match, the child gets to keep the pair. If not, the cards are turned over and the next child takes a turn.
- Play continues until all cards are collected.

Card Activities (Cont.)

Memory/ Concentration (Build a Skill): 3rd – 5th

The object of the activity is for the child(ren) to Pay Attention in order to learn where cards are so they can select 4 cards that build a Social Skill. They must also Follow Instructions to complete a turn.

- You will need two copies of each of the cards, including the title. You should have 16 cards. (2 Pay Attention titles, 2 Stop, 2 Look, 2 Listen; 2 Follow Instructions titles, 2 Look, 2 Nod/OK, 2 Right Away). Mix them up and place them face down on the table in 4 rows of 4.
- To complete a turn a child turns over a card and states what it is. The child then turns over another card and says what it is. If the cards belong to the same Social Skill a third card can be turned over. If the third card belongs to the Skill, a fourth can be turned over. If all four cards represent one Social Skill, the child keeps all four cards. At any point, if the cards do not belong to the same Social Skill, all cards are turned over and the next student takes a turn.
- Play continues until all cards (4 complete Social Skills) are collected.

Options: You can also do this activity with one complete set of Social Skill cards where you would have 6 rows of 4 cards and there would not be any duplicate skills.

Build a Skill: PreK – K

The object of this activity is for the child(ren) to Pay Attention and Follow Instructions to place the title and steps of a skill in the correct order.

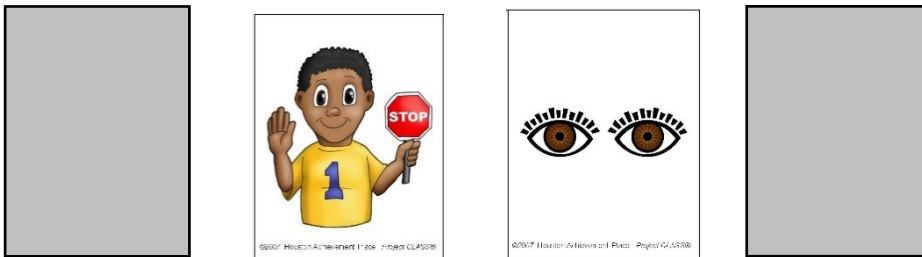
- Using the title and 3 steps of any Social Skill, mix them up and give all 4 cards to a child. Have the child place the title and 3 steps either vertically with the title on top then step 1,2,3 or horizontally with the title on the left followed by steps 1,2,3.
- Have other children check for correct placements of cards.
- Continue until all children have a turn.


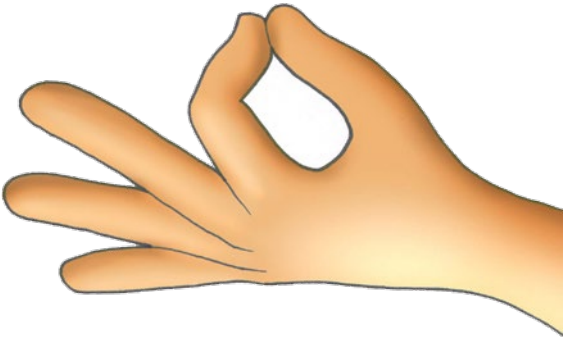
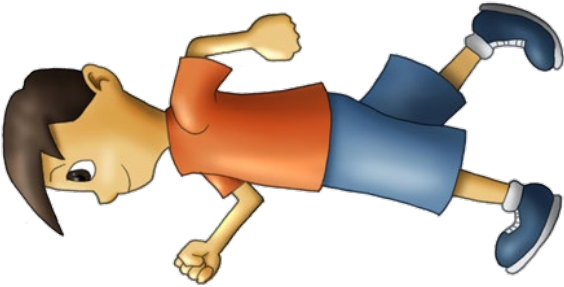

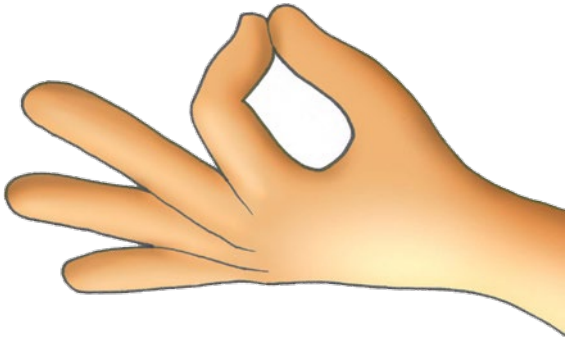
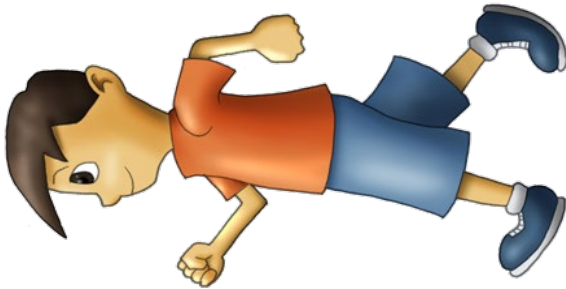
Card Activities (Cont.)

Build a Skill: 1st – 5th

The object of this activity is to Pay Attention and Follow Instructions to build a Social Skill out of any 4 cards.

- Using all the Social Skill cards, deal 4 cards to each child.
- The children view their cards and place them in front of them on the table left to right to represent a Social Skill. For example; Pay Attention title, Stop, Look, Listen.
- If a child is missing a part of the Social Skill, a card would be placed face down. For example; Down card, Stop, Down card, Listen.
- Each child identifies the Social Skill he or she is building, or children can identify the Social Skill another child is building. In each case the title and all 3 steps should be named even though parts may be missing.



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**Follow
Instructions**

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**Follow
Instructions**

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**Pay
Attention**

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**Pay
Attention**

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Follow Instructions

Seguir Instrucciones

1 LOOK
Mirar



2 NOD YOUR HEAD
Decir que si entiende

**3 DO IT
RIGHT AWAY**
Hacer inmediatamente



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Pay Attention

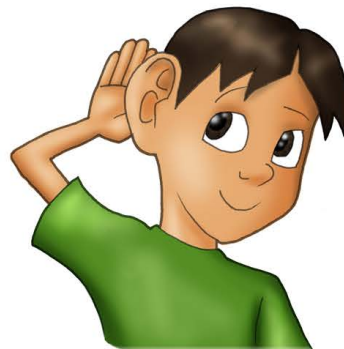
Poner Atención

- 1 STOP**
WHAT YOU ARE DOING
Parar
lo que está haciendo



- 2 LOOK**
Mirar

- 3 LISTEN**
Escuchar



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Making a 6-page book for Paying Attention & Following Instructions

Use the instructions on the following page to make a 6-page book. You can use 8 ½ by 11 or larger paper.

Once the foldable is complete, have the child(ren) create their book by following the instructions below:

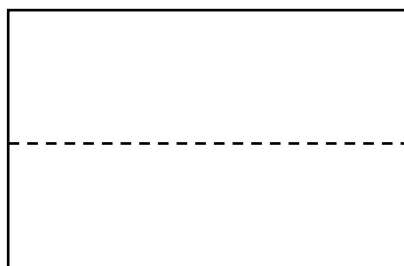
1. On the cover of the book write: My Pay Attention and Follow Instructions Book by _____
(*child's name*)
2. Number the inside pages from 1 – 6.
3. On page 1 write Pay Attention and the three steps, Stop, Look, and Listen.
4. On page 2 draw a picture of yourself Paying Attention.
5. On page 3 write a reason why you should Pay Attention.
6. On page 4 write Follow Instructions and the three steps, Look, Nod Your Head or Say OK, and Do it Right Away.
7. On page 5 draw a picture of yourself Following Instructions.
8. On page 6 write a reason why you should Follow Instructions.
9. On the back cover write The End.



How to Make a Six-Page Book With One Sheet of Paper!



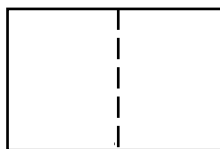
1. One sheet of white paper.
12" X 18" is a good size to use.



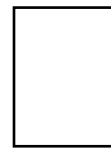
2. Fold in half lengthwise. Also known as a "Hotdog Fold".



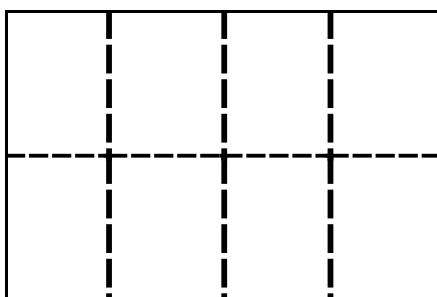
3. Fold in half again.



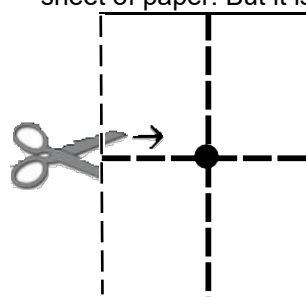
4. Fold in half again.



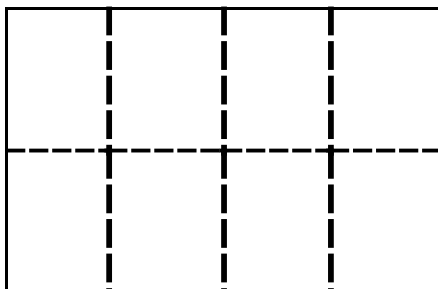
5. Now you have a very small folded sheet of paper. But it isn't a book yet.



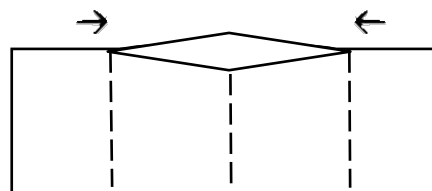
6. Unfold everything. Now it is a big sheet of paper with lots of fold lines.



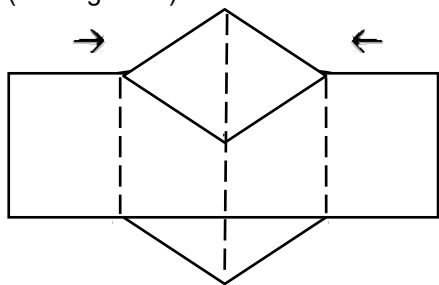
7. Fold in half in the middle- this time a "Hamburger Fold". Make a mark with your pencil in the center of the folded sheet. Take your scissors and cut from the *folded edge* to the center dot. Stop cutting at the dot!



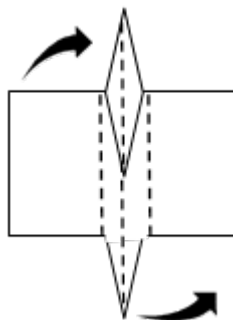
8. Unfold your sheet of paper. It should look like this with an open slit in the middle. Fold it in half length-wise again. (Hotdog Fold.)



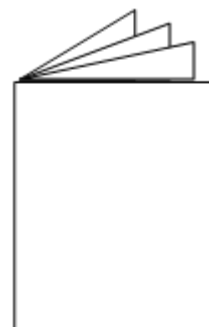
9. Push folded edges towards center allowing the split to open up into a diamond shape.



10. Keep pushing edges together until diamond becomes a slit again, perpendicular to folded edges.



11. Fold one edge toward slit and the opposite slit toward folded edge. Be sure to go over the creases to make them sharp.



12. Be sure to go over the creases to make them sharp. Now you have a small six-page book.

Character Search



Instructions:

Print out a Character Search worksheet for each child/student.

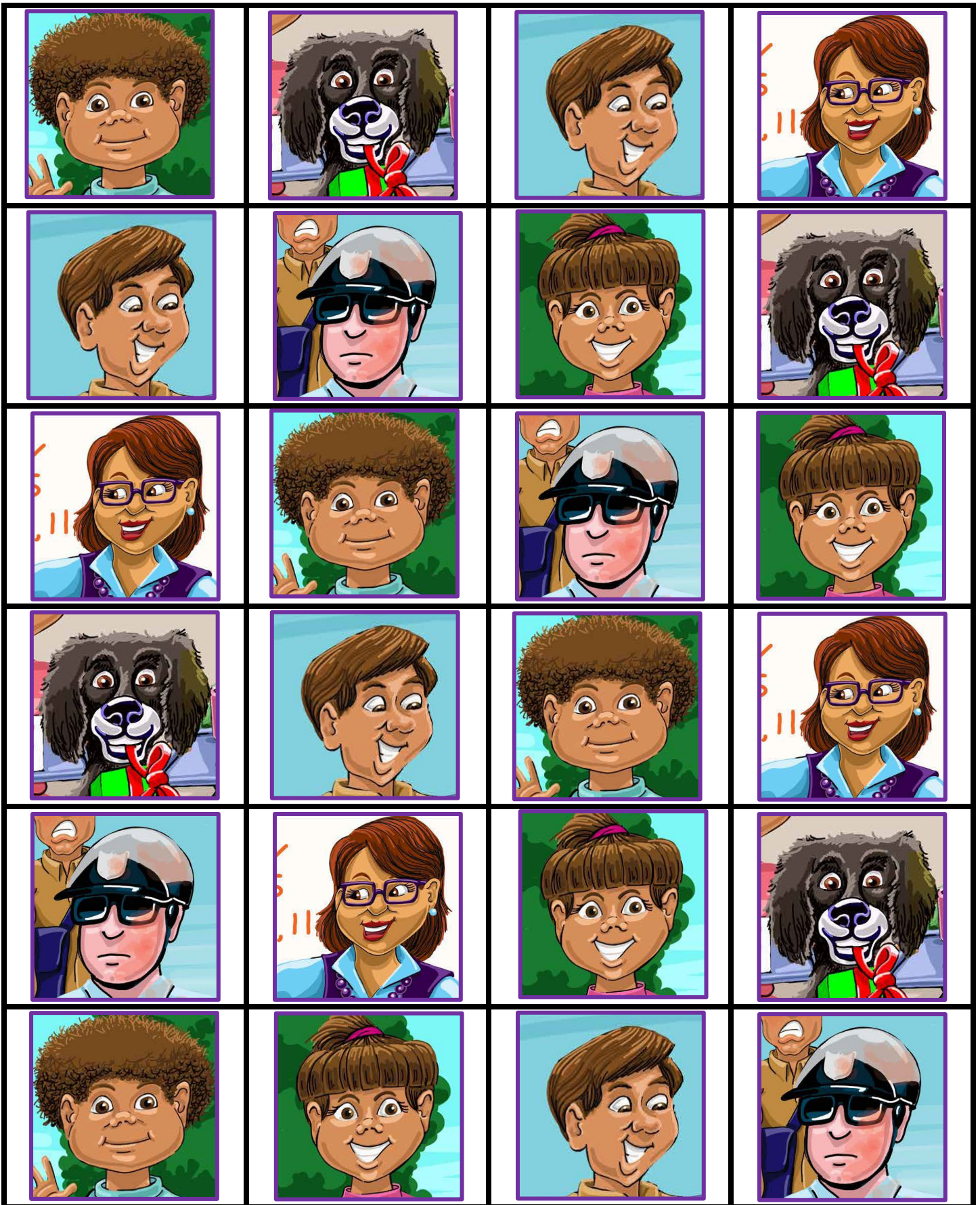
Supply each child/student with chips or markers.

Have students cover or cross off the images as you provide the clues.

Clues for image search:

- Find the character who earns 15 minutes of computer time by Following Instructions.
- Find the character who doesn't hang on to Blasto, and allows him to run in the house all wet and muddy.
- Find the character who sets expectations for Maddie and Michael for the Art Car Parade.
- Find the character who teaches Maddie and Michael the steps to Paying Attention and Following Instructions.
- Find the character who runs into the Art Car Parade and makes the whole parade stop.
- Find the character who comes and helps everyone off the street when the Art Car Parade stops.





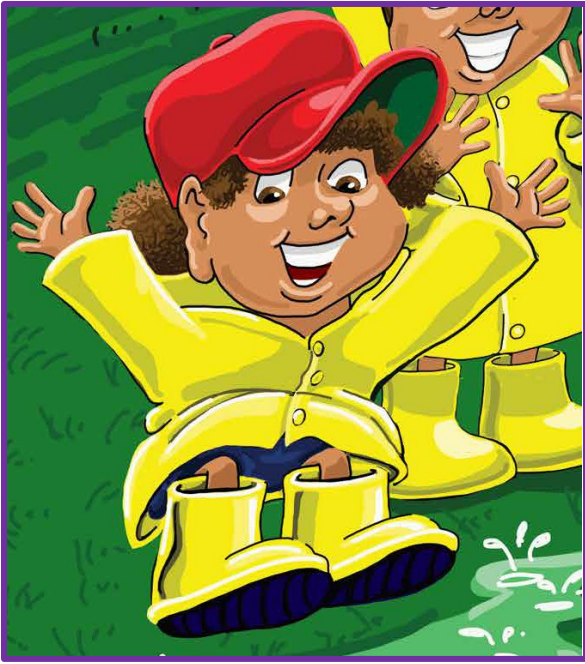
Paying Attention to Learn Activity



Instructions:

1. Print and cut out the images on the next page.
2. Place the images inside a bag.
3. Take out one image. Say the name of the image. Have the child(ren) repeat the name of the image and place it where they can see it. Ex. "This is Blasto. Everyone say Blasto."
4. Take out the remaining images one at a time and repeat the process.
5. Tell the child(ren) that you are going to put the images back in the bag. If they were Paying Attention, they will have learned the name of each image.
6. As you put them back say, "Goodbye Blasto" Have the child(ren) repeat "Goodbye Blasto". Repeat for each of the images.
7. Ask the child(ren) to raise their hand if they remember one image in the bag. As you call on them, pull out the image that they name. You can also ask them about details in the image. Ex. Do you recall what Blasto was doing?

When you Pay Attention, you will learn.



Pay Attention to My Answer

This activity is for groups of more than 2



Instructions:

Cut out the cards below and put them in a basket or bag.

Have children take turns drawing a card, reading the question and giving their answer. It is everyone else's job to pay attention and remember what they say.

When all the cards are drawn and answered, put the cards back in the bag.

Draw the cards out one at a time and read the question.

Ask the children to raise their hand if they recall who answered the question.

Then ask the children to raise their hand if they remember the answer that was given.

What is your favorite color?	Who is your best friend?
Do you have any brothers or sisters?	What is your favorite food?
If you could be any kind of animal, what would you like to be?	Do you have any pets?
What do you want to be when you grow up?	What is the best thing that has ever happened to you?

After Someone Activity

This activity works best with groups of 5 or more.

You will need to print and cut out the instructions below.

Have the children sit in a circle and give each child one slip of paper with an instruction written on it. They must Pay Attention so that they ONLY follow their instruction after another child completes theirs.

If you only have five children, you can use any five instructions, but they must be in this order for the game to work.

To make it even more complicated, you could give all the children two instructions, so they are having to Pay Attention to TWO different actions at once.

TEACHER or PARENT BEGINS: Run in place.



After someone runs in place, stand up and jump three times.

After someone jumps three times, stand up and spin around twice.

After someone spins around twice, stand up and stomp your feet.

After someone stomps their feet, stand up and shout your name.

After someone shouts their name, stand up and flap like a chicken.

After someone flaps like a chicken, stand up and bark like a dog.

After someone barks like a dog, stand up and touch your toes.

After someone touches their toes, stand up and clap your hands.

After someone claps their hands, stand up and take a bow.

After someone takes a bow, stand up and say "THE END!"

How to Pay Attention & Follow Instructions

Brief Synopsis

Blasto Crashes the Art Car Parade is written to help children learn How to Pay Attention and Follow Instructions. Each of these skills is comprised of three simple behaviors. The steps to PAY ATTENTION are: STOP what you are doing; LOOK at the person talking; LISTEN. The steps to FOLLOW INSTRUCTIONS are: LOOK at the person talking; NOD YOUR HEAD or SAY OKAY; DO IT RIGHT AWAY. Maddie and Michael (twins) and their dog Blasto learn how to Pay Attention and Follow Instructions through a series of successes and failures with consequences. These and other core-foundation social skills help children get along better with others, better focus their attention, learn more, save time, avoid trouble and experience success in school, at home and in the community.

