

Calming Down – Activity 4 - HAPkey



Purpose:

We want to teach our child(ren) to Calm Down when they are angry. Managing their anger constructively will help them Make Good Choices, help build positive relationships, and promote life success.

Materials:

Audio of HAPkey story
Questions

Lesson:

Now we get to use our imagination. Listen to this story of an Alien (HAPkey) and her dog (INO). They are new to our planet and are learning how to Calm Down.

See if you can answer the attached questions about the story.

Either print and color the HAPkey pictures or draw and color your favorite scene from the story.

Audio:

<https://projectclass.org/wp-content/uploads/2019/09/27-HAPKEY-is-a-Teacher-Calming-Down.mp3>

Questions & Pictures:

<https://documentcloud.adobe.com/link/review?uri=urn%3Aaid%3Ascds%3AUS%3Ac7993570-f409-4152-95fc-0c96f88a8545>