

## Parent Tip – Week 5



### *Purpose:*

We want to teach our child(ren) to Accept No. When children Accept No, they avoid taking up time that could otherwise be spent doing something they enjoy, and it increases the chance they may get yes in the future.

### *Tip:*

As a parent, you will sometimes need to tell your child(ren) No. If children can Accept No without arguing, whining or talking back, they will get along better with others and avoid arguments. It is hard for many of us to Accept No. Praise each step that a child makes toward Accepting No. Looking, Listening, & Moving On takes practice.