

Follow Instructions – Activity 1 - Lesson



Purpose:

We want to teach our child(ren) to Follow Instructions so they will get things done faster, do things correctly, and likely have more free time.

Materials:

Image of Follow Instructions Poster

Lesson:

This week we teach how to Follow Instructions.

First – Say the steps and have your child(ren) repeat them after you. You can create hand gestures to go along with the steps, which help the children remember.

Second – Talk about the reasons and situations when it is important to Follow Instructions.

Third – Practice. Role play giving instructions and having your child(ren), Look, Nod Their Head or Say OK, and Do It Right Away. You can say, “Put your hands on your head. Put your hands in the air.” Etc.

Check out this video of teaching Following Instructions:

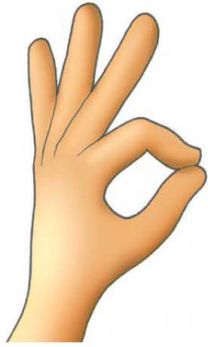
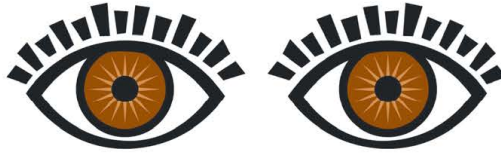
<https://youtu.be/B-UIGNes3Gw>

The following page has a printable poster of Follow Instructions.

Follow Instructions

Seguir Instrucciones

1 LOOK
Mirar



2 NOD YOUR HEAD
Decir que si entiende

**3 DO IT
RIGHT AWAY**
Hacer inmediatamente



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