

Accept No – Activity 3 - Practice



Purpose:

We want to teach our child(ren) to Accept No. When children Accept No, they avoid taking up time that could otherwise be spent doing something they enjoy, and it increases the chance they may get yes in the future.

Materials:

Puzzle
Two small objects of different colors
Small bag

Lesson:

Print and cut apart the attached puzzle or use one of your own puzzles. Lay out the puzzle pieces in front of the (child)ren.

Place the two small objects in the bag. Examples of objects are: a red and a green Lego, or two small balls. Establish that one color means yes and the other means no.

The child(ren) must Ask Permission to put a piece in the puzzle, by saying “May I please put a piece in the puzzle?”

You will reach into the bag and pull out one object. Based on the color of the object, you will answer the child by saying yes or no. If yes, the child may select a puzzle piece to place in the puzzle. If no, the child must wait for their next turn to Ask Permission to put a piece in the puzzle. Remember, you want to encourage the child to accept the No answer by Looking, Listening, and Moving On, without arguing or pouting. (Don' forget to return the object to the bag after each turn.)

Continue until the puzzle is complete.

Accept No

Aceptar No

1 **LOOK**
Mirar



2 **LISTEN**
Escuchar

3 **MOVE ON**
Seguir



Project CLASS

©2007 Houston Achievement Place 713-868-1943
www.projectclass.org