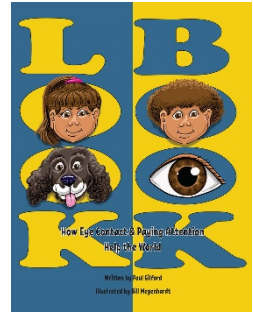


LOOK Book

Book Summary

LOOK Book is written to help children learn the value of Eye Contact and PAYING ATTENTION. The steps to PAY ATTENTION are: STOP what you are doing; LOOK at the person talking; LISTEN. Maddie and Michael (twins) and their dog Blasto discover the power of Eye Contact and Paying Attention through their daily living activities and adventures. These skills and other core-foundation social skills help children get along better with others, better focus their attention, learn more, save time, avoid trouble and experience success in school, at home and in the community.



Tips for Reading

Teaching your child(ren) to use Eye Contact and Pay Attention develops critical skills that determine their success at home, in school, in the community, and in the world. These core-foundation social skills help children learn, achieve, build relationships and get along better with others.

Before Reading:

Show your child(ren) the book cover and ask, “Why do you think it is important to look and make Eye Contact with others?” “How do you feel when people don’t look at you or Pay Attention to you when you are speaking to them?”

During Reading:

PP. 3-6 “How many eyes can you find?”

PP. 7-8 “What might the secret be to unlocking the world?”

P. 10 “What was the reason Mom gave for looking with your eyes, making Eye Contact, and Paying Attention to each other?”

PP. 11-12 “What did Blasto do to get Dad’s attention and take him outside to look for squirrels and the Harley motorcycle?”

PP. 13-20 “How did looking and Eye Contact help Blasto with Dad, and Maddie with Mom?”

P. 22 “Can you find the ‘Look’ step in each one of the three social skills posters in Michael and Maddie’s classroom?” “How does looking, making Eye Contact & Paying Attention help at school?”

PP. 23-24 “What do Maddie, Michael, and Blasto imagine could happen if Eye Contact were possible everywhere?”

PP. 25-26 “How many eyes do you see on these two pages now that the secret about Eye Contact is out?” “How does Eye Contact & Paying Attention help the world?”

PP. 27-28 “Describe each situation on these two pages where Eye Contact is creating connection and successful relationships.”

After Reading:

How has engaging Eye Contact and Paying Attention been a superpower for success in your life?

Name some situations in your life where Eye Contact and Paying Attention help you get along better with others. What would happen in those situations if you did not use Eye Contact and Pay Attention?

Name some situations in your life where Eye Contact and Paying Attention help you understand what you are supposed to do or keep you safe. What would happen in those situations if you did not make Eye Contact or Pay Attention? Name all the people you know that need to use Eye Contact to have good relationships and help them to be successful.

Role Play using Eye Contact and Paying Attention

In groups of two have one person tell a short story while the second person looks down or away from the storyteller. When finished ask the storyteller how that made them feel. Now have the person retell the story with the second person using Eye Contact with the storyteller the entire time. Ask the storyteller how that made them feel. Reverse rolls.