Pay Attention – Activity 1 - Lesson

**Purpose:**

We want to teach our child(ren) to Pay Attention so they will gain useful information and learn more. People will be more likely to Pay Attention to children if they Pay Attention to others. And, children will understand what to do.

**Materials:**

Image of Pay Attention Poster

**Lesson:**

Today we teach how to Pay Attention.

First - Say the steps and have your child(ren) repeat after you. You can create hand gestures to go along with the steps, which will help children remember.

Second - Talk about reasons and situations when it is important to Pay Attention.

Third - Practice. Act out a situation when you want your child(ren) to Pay Attention. You can say "1, 2, 3, eyes on me." Everyone should Stop, Look, Listen, and Pay Attention. (An example would be to have the child(ren) color. When you say "1, 2, 3, eyes on me", they need to Stop, Look, and Listen to you.

You can access a demonstration video of teaching this social skill at https://youtu.be/XFtJ2T0zIoc

The following page has a printable poster of Pay Attention.
Pay Attention
Poner Atención

1 STOP
WHAT YOU ARE DOING
Parar
lo que está haciendo

2 LOOK
Mirar

3 LISTEN
Escuchar

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